

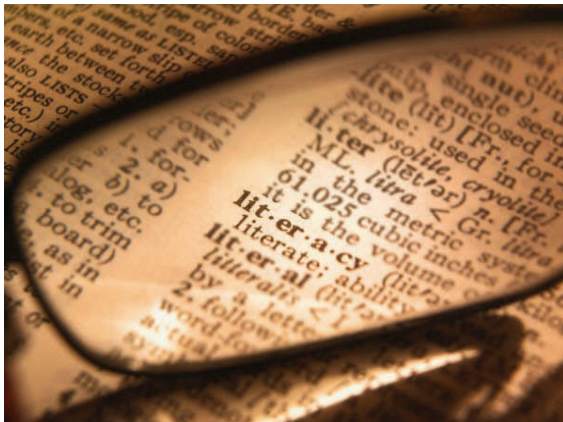
# AHEC Health Literacy Distance Education Program

Health Literacy is the ability to read, compute, understand and act on health information to make informed decisions. Low health literacy is a serious threat to the well being of persons seeking medical care.

## 9 Independent Study Modules

Topics include:

- Health Literacy 101 - an overview
- Clear and effective communication
- Effects of aging on health literacy
- Verbal and written communication with those from other cultures
- Writing and selecting easy-to-read health materials
- Meeting the challenges of low health literacy in an organization



Continuing Education Credit Available for:

- Nursing
- Dietetics
- CHES
- Occupational Therapy
- Pharmacy – *in process*
- Social Work – *in process*

Upon completion of the content, a post-test and evaluation must be completed to print the continuing education certificate. See reverse for more information.

**To register go to:**  
**<http://healthliteracy.osu.edu/>**

**One-time processing fee of \$20 applies**  
**-with nominal fee per module**  
**No charge for Ohio State faculty, staff and students**

Appropriate for physicians, nurses, therapists, pharmacists, social workers, dietitians, health educators and all practitioners providing direct or indirect health care.

The Ohio State University AHEC Clear Health Communication Program, Office of Outreach & Engagement, College of Medicine offers comprehensive professional development and continuing education in the field of health literacy. The program has been developed by Sandra Cornett, BSN, MS, Ph.D., RN, director of the program and a national speaker on health literacy issues. Dr. Cornett, the planner, content specialist, and feedback provider of these modules, has no conflict of interest to disclose. The committee planners have no conflict of interest to disclose. There was no commercial support or sponsorship for the development of this program.

#### NURSING

The Ohio State University Medical Center Department of Nursing & Patient Education (OH-057/02-01-13) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

#### DIETETICS

Note– The Commission on Dietetic Registration (CDR) now accepts self-study programs accepted by the ANCC for Continuing Professional Education.

#### CHES

This program is co-sponsored by the Area Health Education Center and the Center for Public Health Practice, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. It is a designated program for the CHES to receive Category 1 CECH in health education. MEP 2939.

#### OCCUPATIONAL THERAPY

This program has been approved for Continuing Education credit by the Occupational Therapy Section of the Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers Board for OT and OTA.